

# From Wrestling Champion to Classic Dancer

Max Wiley Had Also Been  
Goat Herder, Butcher's  
Assistant, Sculptor's  
Model and Ironworker  
Before Achieving  
His Ambition



MAX WILEY, the former welterweight wrestling champion of the world, desiring higher fields to conquer, has at last established himself as a classic dancer and has achieved his ambition by using various jobs—including butcher's assistant, sculptor's model and ironworker—as stepping stones to the higher career.

In Wiley's case love found the way, for he became infatuated with a young woman who objected to his bouts in the padded ring, and told him that his suit was hopeless unless he found some other method of earning a living.

Max Wiley is a perfect specimen of physical manhood, but didn't know it until Taft, the sculptor, happened to see him competing in a wrestling bout and invited him to pose. Wiley was the model for some of the sculptor's most renowned figures. When not posing Wiley occupied himself "tween times," as he puts it, at any old job that would help swell a bank account with which to fortify his argument for his sweetheart's hand. On account of his physical strength he applied for and got a job as ironworker in a fire escape factory. He tells with keen enjoyment a story of a week's engagement he recently played in a city near New York.

He was headliner of the bill and occupied the best room in a local hotel. He pointed out to the hotel proprietor the name "Max Wiley" deeply cut in the fire escape of his room. He himself had built the fire escape only a few short months ago and had carved his name and the date in the iron while it was red hot.

Becoming tired of foundry work Wiley became an assistant in a butcher's shop on upper Broadway in the heart of the big apartment house district and every day for fifteen weeks he delivered meat per the dumbwaiter to the apartment of a well known vaudeville manager at whose theatre he has since appeared. But he did not succeed in getting into vaudeville without a good deal of hardship and disappointment. He has the typical face of a puglist, and in his street clothes would not suggest to the average vaudeville agent that he was a classical dancer. Consequently he walked around the agents' offices for many days before he could get a hearing.

When he dons Bacchanalian or Roman attire he looks and acts the part as to the manner born. He has been called the American Mordkin by managers who have seen his work, and one may by looking at the accompanying photographs see that the comparison is justified.

Wiley was born in Switzerland and spent his young days as a goatherd far up on the snowcapped peaks of his native land. He arrived here, he is not ashamed to admit, by way of Ellis Island, a poor immigrant lad with no knowledge of the English language, and he used his physical prowess in the padded ring to such good purpose that he became the welterweight champion, defeating all comers from all States. He is the holder of several gold medals won in the ring, but takes particular pride in one bestowed by the Humane Society of England for saving the life of a little girl in the Thames during his visit to London as a member of Annette Kellermann's company.

Wiley confesses that his inspiration

in dancing was and is Mordkin, the famous Russian who shared the triumphs with Pavlova at the Palace Theatre, London. He spent every afternoon in the prompt entrance while the famous dancers were on, studying with all his heart and mind the methods of the couple, and those who have seen Wiley work say that he has been an apt pupil. He and his partner, Melissa Ten Eyck, got their first real start at a charity matinee of the White Rats. Willie Hammerstein happened to drop in while they were doing their turn.

"Who are they?" he asked as the couple were acknowledging the applause. "Two people who have been trying to break into your theatre for the last six months without success," answered the secretary of the actors' union, who knew something of the troubles Wiley had endured.

"Send 'em round," said Hammerstein. He booked them, and now the young couple have much work ahead. They are at present in Buffalo and will shortly appear at the Victoria in this city.

Miss Melissa Ten Eyck, Wiley's partner, together with George Molasso, created the sensational act "La Danse de L'Opium," which was one of the features of the New York Winter Garden show last season. This dance was in reality a complete tabloid melodrama told without words, yet perfectly clear and intensely absorbing because of the pantomimic skill of Miss Ten Eyck.

The dancing story relates how Fan Fan, a Chinese maiden, becoming jealous, deals her Chinese lover a blow which falls him to the ground. The man, obviously an opium fiend, seizes the girl and a wild dance begins. All the action is interpreted by rhythmic dancing accompanied by realistic pantomime.

Miss Ten Eyck is a native of Tarrytown-on-the-Hudson. When Wiley was asked if she was the girl who made him leave the padded ring to become a

classical dancer he merely hung his head, blushed and talked about his baseball scores.



## Music as a Medicine, a Stimulant and an Appetizer

By WILLIAM BRADY, M. D.

MUSIC is something more than a chemical compound or a food for germs. He is more than a rational being; he is a moral and emotional individual. His emotional organization is the innate and personal part of his nature revealed to him by self-consciousness. His feelings, sympathies, his love or hate, happiness or misery, all of his inner emotions, are powerful factors in human life, though little understood by science.

The old aphorism "mens sana in corpore sano" (a sound mind in a sound body) is susceptible of a double interpretation. Recent psychological progress and research have shown that even the animal body is intimately dependent on mental impressions for its normal functional stimuli. Pawlow, the Russian physiologist, has established on a sound footing the important influence of the five senses, so called, upon the entire process of digestion.

The influence of music on the mind is admitted by all, and the value of music as a remedy for certain ills has recently attracted considerable attention. "Music hath charms" which are not put to sufficient practical use. Thousands of unfortunates in hospitals throughout the country are waiting for some one to come along and "give us a song to cheer."

Proprietors of public dining halls formerly stationed a bellringer on the street as a lure to passersby, and a similar ruse has been successfully em-

ploied, with tasteful modifications, by scientific landladies in America for the purpose of influencing the mental depression of the star liner. Charcot probably got his famous idea of using a loud toned gong in his hypnotic experiments at the Salpêtrière from the dinner bell. And our modern restaurants have carried the idea to practical perfection by maintaining orchestras and cabarets for the public pleasure.

Even the free lunch counter has its automatic banjo, the beneficent influence of a cheerful sound on the secretion of gastric juice being well known. Pawlow's dogs with their artificial stomach windows only confirmed deductions long ago drawn from the observation of Beaumont in the case of Alexis St. Martin, the Canadian soldier who had a gunshot opening into the stomach.

From experiments on men and animals Dogiel has shown that music will raise or lower blood pressure, according to the pitch and intensity of sound and tone color. Dr. Herbert Lilly demonstrated that music acts upon the sympathetic nervous system, which governs the circulation of blood and the secretory functions of the body.

Nutrition is maintained by blood supply, and secretion of course depends largely on the nutrition of the secreting organ. Any one who recognizes the far reaching influence of imagination upon the health must understand that music has charms tenfold against nervous, mental or psychic derangements which constitute so large a share of mankind's modern ills.

A St. Cecilia's Guild was organized

in England a few years ago to study the power of music as a remedy for disease; it was intended to supply specially trained musicians to sing and play the sort of music required by various classes of invalids. The leaders of the movement recognized the value of Christmas and Easter concerts in public hospitals, and sought to furnish good cheer to the sick all the year round. The weekly concerts now so popular in asylums for the insane grew out of this movement.

The late Dr. Shoemaker of Philadelphia cited a notable example of the benign influence of harmony as a remedy in the case of a gentleman afflicted with melancholia. The best of medical attention at home having availed nothing a voyage to Europe was under-

taken as a last resort. Little improvement resulted until the grand opera in Vienna was visited.

As the patient listened mechanically, stupidly, to the dulcet symphonies of the strings intertwined with mellifluous notes of enrapturing cadenzas following each other in lively and harmonious progression there appeared in his face the first manifestation of interest which had been noticeable for months. Repeated visits to the grand opera steadily augmented the salutary effect, and within a few weeks recovery was complete.

Music at banquets is based on the theoretically and scientifically established principle that digestion is favored by a cheerful mind. Children are naturally fond of music. As a measure of the highest utility to give an outlet for the excitability of nervous children the value of a musical training cannot be too far extolled.

Martial music not only gives pleasure to the ear but by actual tests has been found to increase the marching soldier's



Cedar Lined Box Couch  
Special \$19.50. Regular Price \$26.00

31 Inches Wide—75 Inches Long  
THIS unusually attractive couch is lined with solid cedar and has full spring edges. Deeply tufted and upholstered in fancy denim, or material of your own selection. The couch is a moth preventive storage chest of generous size as well—the box is 11 inches deep.

This box couch will mean solid comfort, not only to rest upon, but in the fact that it is a safe place to store away things you value—it should be in your home.

W. A. HATHAWAY COMPANY

"Furniture of the Better Kind." 62 West 45th St., New York "Furniture of the Better Kind."

believe he is safe in proceeding straight up the aisle to the spot where he is to surrender his liberty. The charm of suitable music is greater than any of us realize.

Many dentists having noticed the calming influence of the wedding march employ a music box to render the administration of gas a pleasanter experience for the patient. The tinkle of some lively air directs the patient's thoughts in agreeable channels and tends to alleviate the apprehension which sometimes proves a serious element in the anesthetizing of nervous individuals.

The same principle might well be applied in general surgery, for, as Dr. Crile of Cleveland has beautifully demonstrated in his experimental and practical work, fear is the most active cause of surgical shock. The subconscious mind (the soul?) is known to remain awake throughout the operation, no matter what anesthetic is used. What happier influence could be brought to sweet music?

Individuals who suffer various degrees of hypochondria or the blues often find in music a satisfaction of their peculiarly undefined yearnings. They may not be musicians, in fact they more frequently know nothing at all about the art of music, yet they love to hear it and they hunger for it when it is denied them. A weekly visit to the opera, grand or light, the musical comedy or the vaudeville theatre, feeds the hunger of their souls and keeps them well. Indeed a suitable musical prescription adapted to individual temperament and conditions will sometimes accomplish more than tonics, bromides or rest in the hands of the physician who knows how to minister to a mind diseased and throw physic to the dogs.

The New York State Pathological Institute recently investigated the question of the influence of certain tones and strains upon the nervous system. By the aid of the ergograph, an instrument designed to record the degree of fatigue in the muscles of the arm and hand, it was found that the patient studied could apply more force with less fatigue when a lively air was thrummed on a harp. Certain tones of the cello, on the other hand, produced the opposite effect. From such observations it would appear that the military band has a very logical reason for dispensing lively airs on a hard march.

In his "Anatomy of Melancholy" Burton declares picturesquely that "music will drive away the devil himself." Certain it is that those who weary with the engrossing pursuit of intellectual work, the grind of daily toil, are quickly refreshed by the instrumentality of music, be it vocal, instrumental or "canned."

While we do not always think of the phonograph as Edison's most useful invention it is undeniable that the recent perfections of that instrument help many a brain fagged thinker to get a fresh grip on himself and his problem and to carry his infant project to a practical conclusion another day.

**PARKER'S METHOD OF HAIR TREATMENT**

Special care of the hair at the seashore or mountains should be taken during the summer. Neglect may lead to serious complications. My Hair Treatment stops falling hair quickly. It feeds and strengthens the hair roots—makes the scalp healthy, puts vigor into scanty, dry, brittle, faded hair, gives it splendid gloss and makes it abundant and beautiful.

Dear Mr. Parker:—Let me thank you for the most beneficial treatment my hair has ever had. All good wishes to you. Cordially, JANE COWLE.

HERBIE makes the HAIR HEALTHY, keeps the scalp clean, cool, making the hair soft and fluffy. 50c. bottle. Send for book.

**Frank Parker, Hair and Scalp Specialist**  
51 West 37th St., N. Y.

Cotillon Favors  
Bridge Prizes  
Birthday Gifts  
**Vanity Bags de Luxe**  
Hand Embroidered,  
In All Shades,  
Dainty, Exquisite.

MIRIAM MINER, 165 West 83d St.

ings and Christmas carols are not enough.

One of the intentions of St. Cecilia's Guild was to build a large hall in the central part of London, from which at all hours of the day or night music could be sent by wire to the bedside as wanted. A delirious typhoid patient or even a victim of delirium tremens has often been observed to settle down and go to sleep under the drowsy influence of a lullaby thrummed softly on a stringed instrument or sung by distant voice.

Insomnia is peculiarly amenable to the right sort of music. Of course, the musicians themselves would be superior to any so-called canned music, but the latter would have many advantages over music by wire. Orchestras, phonographs and mechanical piano or organ players good enough for private homes are also good enough for the public hospital. These latter day improvements place good music within the reach of every hospital ward, no matter how small.

Florence Nightingale gave her warm approval to the proposal to furnish music to the sick, as did Sir Richard Quain and other eminent physicians. It seems peculiarly the province of woman to take hold of this movement in America and through individual and organized activity put it into action.

## Little Stories of Facts and Fancy

D. L. G. writes from Denver: "Kindly tell me what is the proper costume to wear at a wedding. Also please suggest a suitable present."

If a morning wedding, shoes should be worn on both feet, as unfringed ankles are not desirable in ultrafashionable circles before 6 P. M. It would be well to wear socks inside the shoes unless they happen to be in the wash. Ear tabs of pale lavender silk and a coonskin cap would raise you out of the ordinary rut of guests and insure mention in the local newspaper.

Acceptable gift would be a ton of coal or a carload of ice, according to the season.

Our Bureau of Social Requirements is always at the service of readers. Send in your heart throbs.

Not having sufficient troubles of its own Utah continues its State commission to examine and license barbers before they are permitted to practice their profession. Examination papers are said to contain questions like these: "Prove that tariff on binomial theorem caused artificial shortage of ice last season."

"While smothering victim in chair, after shaving him, demonstrate that Samson never would have lost his hair if he had kept on using electric scalp massage at \$1.50 per treatment."

"What is the difference between a country ruled by trusts and a fried egg sandwich?"

"Why should Asia be allowed to unload hordes of these here ignorant Mongols on this free country when there's not enough political jobs to go around, as it is?"

Cop this from a Washington despatch: "The Bureau of Fisheries is ready to tell interested citizens how to propagate terrapin in large quantities. It is as easy to raise terrapin artificially as to grow mushrooms."

At present radium and terrapin are about equally obtainable. One looks for the day when quick luncheries will sell "beef and" or "terrapin and" at the same price—a single, humble dime.

As a necessary adjunct to the Bureau of Fisheries, however, there should be a Bureau of Cookery. Alleged terrapin now costing Two Dollars a portion usually looks like chicken livers and tastes like War—according to Gen. Sherman's definition.

A month hence look for a Ten Million bond issue by the Terrapin Trust, owning options on all the salt hay swamps along the Atlantic coast.

A home without music is a home without happiness. This dull old world of ours cannot be brightened by books alone nor by conversation nor pleasant occupation. The elevating influence of music is essential to the full enjoyment of life. Think what a world it would be without music! And remember the unfortunates inured in the great hospitals, who exist in a world without song!

One cannot conceive a nobler act than that of an expert musician giving of his or her gift a mite to brighten the monotony of a hospital ward and enliven the recuperative powers of the unfortunates there confined. Surely there are enough musicians in every community to make the hospital cheerful every age long day. Easter greet-